



CHILI'S NUTRITION

Effective: March 2017

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

All items are listed **as served**, unless otherwise indicated.

DINING ROOM PORTIONS

Beverages - Bottomless (Fountain Drinks Listed on	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Arnold Palmer	60	0	0	0	0	0	25	18	0	16	0
Arnold Palmer - Mango	90	0	0	0	0	0	25	25	0	24	0
Arnold Palmer - Strawberry	90	0	0	0	0	0	20	25	1	23	0
Chili's Premium Blend Coffee	0	0	0	0	0	0	0	0	0	0	0
Iced Tea - Blackberry	80	0	0	0	0	0	10	19	0	18	0
Iced Tea - Mango	80	0	0	0	0	0	10	20	0	18	0
Lemonade - Strawberry	190	0	0	0	0	0	40	51	2	48	0
Soda - IBC® Rootbeer Bottle	170	0	0	0	0	0	60	44	0	44	0
Bottled Water	0	0	0	0	0	0	0	0	0	0	0
Kids - 2% Chocolate Milk	290	60	7	4.5	0	30	250	45	3	36	11
Kids - 2% Milk	180	70	7	4.5	0	30	170	18	0	18	12
Kids - Apple Juice Bottle	120	0	0	0	0	0	10	29	0	28	0
Kids - Cranberry Juice Can	80	0	0	0	0	0	0	20	0	20	0
Kids - Orange Juice Bottle	130	5	0	0	0	0	20	32	0	28	2
Kids - Strawberry Lemonade	110	0	0	0	0	0	20	29	1	27	0
Beverages - Beer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Angry Orchard 10 fl oz	160	0	0	0	0	0	10	20	0	17	0
Angry Orchard 12 fl oz	190	0	0	0	0	0	15	24	0	20	0
Angry Orchard 16 fl oz	250	0	0	0	0	0	20	32	0	27	0
Angry Orchard 22 fl oz	350	0	0	0	0	0	25	44	0	37	0
Blue Moon 10 fl oz	140	0	0	0	0	0	15	12	0	0	2
Blue Moon 12 fl oz	170	0	0	0	0	0	15	14	0	0	2
Blue Moon 16 fl oz	220	0	0	0	0	0	20	19	0	0	3
Blue Moon 22 fl oz	310	0	0	0	0	0	30	26	0	0	3
Bud Light 10 fl oz	90	0	0	0	0	0	0	5	0	0	1
Bud Light 12 fl oz	110	0	0	0	0	0	0	7	0	0	1
Bud Light 16 fl oz	150	0	0	0	0	0	0	9	0	0	1
Bud Light 22 fl oz	200	0	0	0	0	0	0	12	0	0	2
Budweiser 10 fl oz	120	0	0	0	0	0	0	9	0	0	1

Beverages - Beer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Budweiser 12 fl oz	150	0	0	0	0	0	0	11	0	0	1
Budweiser 16 fl oz	190	0	0	0	0	0	0	14	0	0	2
Budweiser 22 fl oz	270	0	0	0	0	0	0	19	0	0	2
Coors Light 10 fl oz	80	0	0	0	0	0	10	4	0	0	0
Coors Light 12 fl oz	100	0	0	0	0	0	10	5	0	0	0
Coors Light 16 fl oz	140	0	0	0	0	0	15	7	0	0	0
Coors Light 22 fl oz	190	0	0	0	0	0	20	9	0	0	0
Corona Extra 10 fl oz	130	0	0	0	0	0	10	12	0	4	1
Corona Extra 12 fl oz	160	0	0	0	0	0	15	15	0	4	1
Corona Extra 16 fl oz	210	0	0	0	0	0	20	20	0	6	2
Corona Extra 22 fl oz	290	0	0	0	0	0	25	27	0	8	2
Corona Light 10 fl oz	90	0	0	0	0	0	15	4	0	3	1
Corona Light 12 fl oz	110	0	0	0	0	0	20	5	0	3	1
Corona Light 16 fl oz	140	0	0	0	0	0	25	7	0	4	1
Corona Light 22 fl oz	200	0	0	0	0	0	35	10	0	6	2
Craft Beer 3-4 % ABV 10 fl oz	130	0	0	0	0	0	0	13	0	0	0
Craft Beer 3-4 % ABV 16 fl oz	200	0	0	0	0	0	0	21	0	0	0
Craft Beer 3-4 % ABV 22 fl oz	280	0	0	0	0	0	0	28	0	0	0
Craft Beer 5-7 % ABV 10 fl oz	160	0	0	0	0	0	0	15	0	0	0
Craft Beer 5-7 % ABV 16 fl oz	260	0	0	0	0	0	0	25	0	0	0
Craft Beer 5-7 % ABV 22 fl oz	360	0	0	0	0	0	0	34	0	0	0
Craft Beer 8-10% ABV 10 fl oz	240	0	0	0	0	0	0	21	0	0	0
Craft Beer 8-10% ABV 16 fl oz	390	0	0	0	0	0	0	34	0	0	0
Craft Beer 8-10% ABV 22 fl oz	530	0	0	0	0	0	0	47	0	0	0
Dos Equis 10 fl oz	100	0	0	0	0	0	0	9	0	2	1
Dos Equis 12 fl oz	130	0	0	0	0	0	0	11	0	3	1
Dos Equis 16 fl oz	170	0	0	0	0	0	0	15	0	4	1
Dos Equis 22 fl oz	230	0	0	0	0	0	0	20	0	5	1
Heineken 10 fl oz	110	0	0	0	0	0	5	10	0	0	1
Heineken 12 fl oz	140	0	0	0	0	0	10	12	0	0	2
Heineken 16 fl oz	180	0	0	0	0	0	10	16	0	0	2
Heineken 22 fl oz	250	0	0	0	0	0	15	22	0	0	3
Lagunitas IPA 10 fl oz	160	0	0	0	0	0	10	12	0	2	2
Lagunitas IPA 12 fl oz	190	0	0	0	0	0	15	14	0	2	3
Lagunitas IPA 16 fl oz	250	0	0	0	0	0	20	19	0	3	4
Lagunitas IPA 22 fl oz	350	0	0	0	0	0	25	26	0	4	5
Michelob Ultra 10 fl oz	80	0	0	0	0	0	0	2	0	0	0
Michelob Ultra 12 fl oz	90	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 16 fl oz	130	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 22 fl oz	170	0	0	0	0	0	0	5	0	0	1

Beverages - Beer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Miller Lite 10 fl oz	80	0	0	0	0	0	0	3	0	0	0
Miller Lite 12 fl oz	100	0	0	0	0	0	0	3	0	0	0
Miller Lite 16 fl oz	130	0	0	0	0	0	5	4	0	0	0
Miller Lite 22 fl oz	180	0	0	0	0	0	10	6	0	0	0
Modelo Especial 10 fl oz	130	0	0	0	0	0	10	12	0	4	1
Modelo Especial 12 fl oz	150	0	0	0	0	0	15	14	0	4	1
Modelo Especial 16 fl oz	200	0	0	0	0	0	20	19	0	6	2
Modelo Especial 22 fl oz	280	0	0	0	0	0	25	26	0	8	2
O'Douls 12 fl oz	60	0	0	0	0	0	0	13	0	0	1
Sam Adams Boston Lager 10 fl oz	150	0	0	0	0	0	15	16	1	2	2
Sam Adams Boston Lager 12 fl oz	180	0	0	0	0	0	20	19	1	2	2
Sam Adams Boston Lager 16 fl oz	240	0	0	0	0	0	25	25	1	3	3
Sam Adams Boston Lager 22 fl oz	330	0	0	0	0	0	35	35	2	4	4
Sierra Nevada IPA 10 fl oz	200	0	0	0	0	0	10	17	0	0	2
Sierra Nevada IPA 12 fl oz	240	0	0	0	0	0	10	21	0	0	2
Sierra Nevada IPA 16 fl oz	320	0	0	0	0	0	15	27	0	0	3
Sierra Nevada IPA 22 fl oz	440	0	0	0	0	0	20	38	0	0	5
Sierra Nevada Pale Ale 12 fl oz	180	0	0	0	0	0	10	15	0	0	2
Sierra Nevada Side Car 10 fl oz	150	0	0	0	0	0	5	13	0	1	2
Sierra Nevada Side Car 16 fl oz	240	0	0	0	0	0	10	21	0	1	3
Sierra Nevada Side Car 22 fl oz	330	0	0	0	0	0	15	29	0	1	4
Stella Artois 10 fl oz	130	0	0	0	0	0	0	11	0	0	1
Stella Artois 12 fl oz	150	0	0	0	0	0	0	13	0	0	1
Stella Artois 16 fl oz	200	0	0	0	0	0	0	17	0	0	2
Stella Artois 22 fl oz	280	0	0	0	0	0	0	23	0	0	2
Beverages - Cocktails	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Deep Eddy Texas Lemonade	270	0	0	0	0	0	0	33	0	31	0
Premium Long Island Iced Tea	290	0	0	0	0	0	0	32	0	28	0
Tito's Punch	370	0	0	0	0	0	5	64	1	60	0
Beverages - Margaritas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Blueberry & Pineapple Margarita	340	0	0	0	0	0	0	51	1	46	0
CoronaRita™ Margarita	300	0	0	0	0	0	10	36	0	27	1
Deep Eddy Watermelon Cooler	240	0	0	0	0	0	10	36	0	34	0
El Jimador Fresca Margarita	270	0	0	0	0	0	0	30	0	27	0
El Nino Margarita	330	0	0	0	0	0	2320	34	0	29	0
Fresh for \$5 Traditional Margarita	180	0	0	0	0	0	1040	25	0	23	0
Fresh for \$5 Mango Margarita	200	0	0	0	0	0	0	32	0	30	0
Fresh for \$5 Raspberry Margarita	190	0	0	0	0	0	0	28	0	17	0
Patron Margarita	310	0	0	0	0	0	2040	45	0	39	0
Patron Margarita - Mango	360	0	0	0	0	0	0	59	1	52	0
Patron Margarita - Strawberry	390	0	0	0	0	0	0	68	2	60	0

Beverages - Margaritas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Platinum Presidente Margarita	320	0	0	0	0	0	2040	46	0	42	0
Presidente Margarita	240	0	0	0	0	0	2040	23	0	19	0
Presidente Margarita - Mango	290	0	0	0	0	0	0	36	0	32	0
Presidente Margarita - Strawberry	290	0	0	0	0	0	0	37	1	32	0
Sauza Watermelon Margarita	290	0	0	0	0	0	1160	45	0	42	0
Spicy Sauza Jalapeno Margarita	310	0	0	0	0	0	2320	45	0	40	0
Tito's Vodkarita	310	0	0	0	0	0	0	43	0	39	0
Tito's Vodkarita Mango	330	0	0	0	0	0	0	49	0	46	0
Tito's Vodkarita Strawberry	350	0	0	0	0	0	0	53	1	49	0
Triple Berry Margarita	290	0	0	0	0	0	0	37	2	31	0
Tropical Sunrise Margarita	250	0	0	0	0	0	10	36	0	34	0
Ultimate Fresh Margarita	300	0	0	0	0	0	1160	45	0	40	0
Beverages - Wine	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Red Wine 6 fl oz	150	0	0	0	0	0	5	5	0	1	0
Red Wine 9 fl oz	220	0	0	0	0	0	10	7	0	2	0
Sweet Wine 6 fl oz	170	0	0	0	0	0	25	10	0	10	0
Sweet Wine 9 fl oz	250	0	0	0	0	0	35	16	0	16	1
White Wine 6 fl oz	140	0	0	0	0	0	10	5	0	2	0
White Wine 9 fl oz	220	0	0	0	0	0	15	7	0	3	0
Baby Back Ribs w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Honey-Chipotle BBQ - Full Rack	960	500	56	23	0	310	1190	38	3	25	75
House BBQ - Full Rack	960	520	58	23	0	310	2140	33	5	27	77
Original BBQ - Full Rack	950	510	56	23	0	310	1820	34	3	27	76
Texas Dry Rub - Full Rack	1080	650	72	25	0	310	4580	32	5	23	77
Honey-Chipotle BBQ - Half Rack	480	250	28	11	0	155	590	19	2	13	37
House BBQ - Half Rack	480	260	29	11	0	155	1070	16	2	13	38
Original BBQ - Half Rack	470	250	28	11	0	155	910	17	2	14	38
Texas Dry Rub - Half Rack	580	330	36	13	0	155	2660	23	3	18	39
Burgers w/o Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth® Bites	1250	660	74	26	2.5	185	3020	91	4	17	64
Classic Bacon Beef Burger	880	510	56	22	2	145	1770	46	3	10	48
Guacamole Beef Burger	850	470	52	21	2	130	1720	51	6	10	45
Oldtimer® with Beef Burger	750	400	44	19	2	125	1560	45	3	9	44
Southern Smokehouse with Beef Burger	1130	620	69	25	2	155	2830	75	3	25	55
Sunrise with Grass Fed Patty	1130	660	74	31	1.5	365	1990	51	3	11	64
Ultimate Bacon Beef Burger	1020	590	66	24	2	160	2290	55	3	16	52
Substitutes & Add-Ons	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Beef Patty	390	260	29	12	1.5	105	550	1	0	0	31
Black Bean Patty	190	60	7	1	0	0	540	22	8	2	17
Grass Fed Patty	420	260	29	14	1.5	110	520	5	0	0	33
2 Thin Beef Patties	390	260	29	13	2	110	950	1	0	0	30

Substitutes & Add-Ons	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Turkey Patty	200	70	8	2	0	85	730	0	0	0	32
Add Applewood Smoked Bacon	70	50	6	2	0	15	210	0	0	0	5
Add Fried Egg	90	60	7	2	0	185	240	1	0	1	6
Add Terlingua Chili	90	50	6	2.5	0	20	270	3	1	1	6
Burritos w/o Side Black Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Smoked Chicken	870	270	30	14	0	170	2810	94	5	14	56
Smothered Prime Rib	1080	470	52	25	1	150	3140	96	5	8	57
Smothered Smoked Chicken	1080	440	49	25	1	230	3430	97	5	14	64
Crispers & More As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta with Grilled Chicken	1200	480	53	22	1	165	3540	112	8	5	68
Cajun Pasta with Seared Shrimp	1120	470	53	22	1	190	3430	112	8	6	50
Crispy Buffalo Bleu	1940	1160	129	23	1	170	5540	136	12	19	60
Crispy Fiery Pepper	1800	820	91	15	0	145	6240	189	13	63	58
Crispy Honey Chipotle	1770	810	90	15	0	145	4950	186	12	55	56
Crispy Honey Chipotle & Waffles	2450	1110	123	39	2.5	205	5720	276	11	113	61
Original Tempura	1320	600	67	11	0	160	3850	121	11	25	61
Crispy with Choice of Sauce	1390	650	72	12	0	130	3830	131	11	15	55
Add Side BBQ Sauce	70	0	0	0	0	0	590	16	0	14	1
Add Side BBQ Sauce House	70	10	1	0	0	0	750	15	1	13	1
Add Side Honey Mustard	200	160	18	2.5	0	20	360	10	0	9	1
Add Side Ranch	170	160	18	3	0	15	300	2	0	2	1
Enchiladas w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Beef	910	470	53	20	1	125	2460	61	10	8	49
Cheese	1020	650	72	34	0	150	2320	51	5	6	40
Chicken with Sour Cream Sauce	910	450	51	22	1	210	2960	60	6	11	54
Fajitas - Mix & Match	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	300	210	23	5	0	0	1170	22	4	9	3
Choose 2 or 3 Proteins	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Steak (1 portion)	280	160	18	7	1	85	690	2	0	1	27
Grilled Chicken (1 portion)	160	35	4	1	0	90	670	1	0	0	30
Pork Carnitas (1 portion)	190	90	10	3.5	0	75	500	2	0	2	24
Prime Rib (1 portion)	400	240	26	7	1	105	1470	2	0	0	39
Seared Shrimp (1 portion)	90	30	3	1	0	115	790	2	0	1	13
Fajitas Served with:	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Add Fajita Toppings	370	280	31	16	0	80	1060	10	4	4	16
Add White Queso & Pico de Gallo	140	100	11	4.5	0	25	580	6	0	3	5
Flour Tortillas (4 each)	350	110	12	6	0	0	860	52	2	1	8
All-Natural Corn Tortillas (4 each)	210	20	2.5	0	0	0	20	42	5	0	4
For the Table As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings - Buffalo	1090	650	73	13	0.5	120	3770	59	5	2	49
Boneless Wings - Fiery Pepper	1160	520	58	10	0	120	4090	111	6	48	50
Boneless Wings - Honey Chipotle	1140	510	57	10	0	120	2800	108	4	40	48

For the Table As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings - Buffalo	850	580	65	14	1	290	2610	6	1	2	62
Bone-In Wings - Fiery Pepper	960	470	52	12	0.5	295	3410	61	3	49	64
Bone-In Wings - Honey Chipotle	940	460	51	12	0.5	295	2120	58	1	40	62
Bone-In Wings - Smoked	560	280	31	9	0	290	2030	17	1	14	55
Bottomless Tostada Chips	910	410	45	7	0	0	1920	113	8	5	13
Buffalo Fried Cauliflower	800	540	60	12	0	15	2960	49	8	5	14
Classic Nachos	1250	790	88	50	0.5	245	2640	57	6	8	60
Classic Nachos - Beef	1640	970	108	57	1.5	395	4090	57	6	9	112
Classic Nachos - Chicken	1470	840	93	51	1	370	3560	58	6	8	102
Crispy Cheddar Bites	990	690	77	32	1.5	155	2530	33	3	5	42
Flatbread - California Chicken Avocado	1730	1140	126	46	1	245	2910	76	8	8	78
Flatbread - Chipotle Chicken	1490	910	101	41	1	215	3110	74	5	7	73
Flatbread - Margherita	1400	920	102	41	1	165	2270	71	5	7	52
Fresh Guacamole	1190	640	71	11	0	0	2630	130	20	7	17
Crispy Asparagus	840	670	74	11	0.5	30	1260	34	5	6	9
Fried Pickles	670	450	50	8	0	15	3500	46	6	6	8
Honey Chipotle Crispers & Waffles	980	480	53	18	1.5	100	1950	98	4	47	28
Loaded Boneless Wings	1440	870	97	28	0.5	220	3710	68	4	8	73
Loaded Boneless Wings - Spicy	1450	870	97	28	0.5	220	3710	69	4	9	74
Loaded White Queso	1630	890	99	33	0.5	135	4100	133	13	14	51
Skillet Queso	1590	870	97	36	2	135	4250	137	10	16	45
Southwestern Eggrolls	800	360	41	10	0	50	2190	82	9	9	28
Tableside Guacamole	1490	880	97	15	0	0	3130	147	33	9	20
Add Bacon & Queso Fresco	110	80	9	4	0	20	270	1	0	1	7
Texas Cheese Fries - Full Order	1800	1140	127	58	0	290	5000	86	5	4	79
Texas Cheese Fries - Half Order	1310	860	95	43	0	210	3360	58	3	3	55
White Spinach Queso	1510	840	93	30	0	105	3630	130	12	12	40
For the Table -Triple Dipper (1 portion)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth® Bites	800	490	55	16	1.5	110	1730	47	2	10	33
TD™ Boneless Wings - Buffalo	640	440	49	8	0	65	1950	28	2	2	23
TD™ Boneless Wings - Fiery Pepper	640	330	37	6	0	65	2150	55	3	25	24
TD™ Boneless Wings - Honey-Chipotle	630	330	36	6	0	65	1500	54	2	21	23
TD™ Crispy Cheddar Bites	580	420	47	17	1	85	1440	18	2	3	22
TD™ Fried Pickles	420	300	34	6	0	15	1900	24	3	4	5
TD™ Original Chicken Crispers®	510	300	33	5	0	105	1380	22	3	10	31
TD™ Southwestern Eggrolls	580	280	32	8	0	35	1540	55	6	6	19
Fresh Mex Bowls As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chipotle Chicken Bowl	900	350	38	12	0	180	2730	79	6	7	63
Margarita Chicken Bowl	950	300	34	6	0	135	3740	102	12	13	61
Prime Rib Bowl	860	360	41	10	0.5	90	2420	86	8	11	41

Fresh Mex Pairings Choose 2 or 3 Items	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken Quesadilla	710	450	51	21	0.5	125	1500	34	2	4	33
Enchilada Beef	300	160	17	7	0	40	810	20	3	3	16
Enchilada Cheese	340	220	24	11	0	50	770	17	2	2	13
Enchilada Chicken Sour Cream	300	150	17	7	0	70	980	20	2	3	18
House Salad w/o Dressing	80	35	3.5	1.5	0	5	140	8	1	2	3
Taco - Beef	300	140	15	7	0	45	1230	22	4	4	19
Taco - Chicken	270	110	12	5	0	60	1430	20	3	4	20
Soup Chicken Enchilada - Cup	220	130	14	5	0	35	830	13	1	2	11
Soup Loaded Baked Potato - Cup	260	160	18	11	0	60	940	13	1	2	10
Soup Southwest Chicken - Cup	110	45	5	1	0	10	660	13	1	1	4
Tostada Beef	360	180	20	8	0	50	1320	27	6	5	20
Tostada Chicken	330	150	17	6	0	70	1520	26	5	5	22
Served with Rice	130	15	1.5	0	0	0	540	27	0	1	3
Served with Black Beans	120	10	1	0	0	0	710	20	6	2	7
Handhelds w/o Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Avocado Chicken Sandwich	1200	580	65	16	1	225	2740	75	9	15	83
Buffalo Chicken Ranch Sandwich	860	430	48	9	0	95	2790	66	3	10	41
California Turkey Club Toasted Sandwich	1100	590	66	17	1	105	2210	85	8	14	48
Classic Turkey Toasted Sandwich	900	450	50	14	1	85	1900	77	4	12	40
Grilled Chicken Sandwich	700	320	36	10	1	130	1690	49	2	14	47
Kids Entrees	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Burger Bites	430	190	21	8	1	60	670	42	1	7	22
Cheese Quesadilla	470	280	32	15	0	60	750	29	1	1	18
Cheeseburger Bites	460	210	24	10	1	65	840	42	1	7	24
Cheesy Chicken Pasta	690	300	33	13	0	145	1790	48	3	6	48
Chicken Bites	340	80	9	2	0	65	860	42	1	7	26
Chicken Dippers - Crispy	500	340	38	6	0	70	1160	19	2	2	20
Chicken Dippers - Grilled	290	190	21	3.5	0	85	800	3	0	2	24
Grilled Cheese Sandwich	430	230	26	11	0.5	35	1100	36	2	6	13
Kraft Macaroni & Cheese	430	110	12	4	0	15	940	64	3	11	15
Pizza - Cheese - 6 "	610	230	26	11	0	40	1080	72	2	7	23
Pizza - Pepperoni - 6 "	700	300	34	14	0.5	65	1250	72	2	8	26
Kids Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Side Corn on the Cob	170	15	1.5	0	0	0	0	36	3	14	5
Side Fresh Pineapple	60	0	0	0	0	0	0	16	2	12	1
Side Homestyle Fries	190	80	8	1.5	0	0	710	27	2	0	3
Side Mandarin Oranges	80	0	0	0	0	0	10	20	1	17	2
Side Mashed Potatoes w/o Gravy	140	70	8	1.5	0	0	370	16	2	1	2
Side Salad with Ranch	240	190	21	4.5	0	25	440	8	1	3	4
Side Steamed Broccoli	40	5	0	0	0	0	45	8	4	2	3

Lighter Choices <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Sirloin with Grilled Avocado	420	180	20	5	0.5	90	1610	23	6	7	39
Ancho Salmon	590	250	27	5	0	100	1910	41	5	4	48
Grilled Chicken Salad	440	210	23	6	0	105	1100	23	4	11	38
Mango-Chile Chicken	510	160	17	3.5	0	95	2190	56	8	17	38
Mango-Chile Tilapia	520	170	19	4	0	70	1580	55	8	17	38
Margarita Grilled Chicken	610	130	14	2.5	0	135	2490	65	7	7	56
Spicy Chile Chicken	420	80	9	2	0	90	1850	50	7	9	38
Lunch Combos (LC) <i>w/o</i> Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Avocado Chicken Sandwich	600	290	32	8	0.5	115	1370	37	4	7	42
Big Mouth Bites	630	330	37	13	1	95	1430	45	2	9	32
California Turkey Club Toasted Sandwich	550	300	33	9	0.5	55	1110	42	4	7	24
Classic Turkey Toasted Sandwich	470	240	26	8	0.5	50	1000	39	2	6	22
Chipotle Chicken Bowl	800	310	35	11	0	135	2400	78	6	7	48
Double Burger	790	440	49	22	2.5	145	2180	43	2	8	44
Fajitas - Grilled Chicken	710	360	40	17	0	140	2210	45	4	8	45
Fajitas - Pork Carnitas	840	460	51	21	0	165	2290	47	4	11	51
Add White Queso & Pico de Gallo to Fajitas	70	50	5	2.5	0	10	330	3	0	2	3
Flatbread - California Chicken Avocado - Half	860	570	63	23	0.5	125	1460	38	4	4	39
Flatbread - Chipotle Chicken - Half	740	460	51	20	0	110	1560	37	3	4	37
Flatbread - Margherita - Half	700	460	51	21	0.5	80	1130	36	2	3	26
Margarita Chicken Bowl	850	270	30	5	0	90	3400	100	11	13	46
Quesadilla - Bacon Ranch Chicken	920	630	70	22	1	135	1930	34	2	5	38
Quesadilla - Smoked Chicken	970	710	79	22	1	130	1660	34	2	3	31
Southwestern BLT Toasted Sandwich	400	230	25	6	0	25	620	33	2	7	10
Top Shelf Tacos - Pork Carnitas	660	340	38	13	0	135	1390	33	3	4	46
Top Shelf Tacos - Rancho Chicken	550	260	28	10	0	115	2000	36	4	4	38
Homestyle Fries (LC)	190	80	8	1.5	0	0	710	27	2	0	3
Quesadillas <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Ranch Chicken Quesadilla	1740	1170	130	44	1.5	275	3640	70	4	10	76
Bacon Ranch Beef Quesadilla	1850	1260	140	48	2	295	3990	69	4	10	82
Smoked Chicken Quesadillas	1730	1200	133	40	1.5	240	3050	71	5	7	64
Salads <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Buffalo Chicken Salad	1020	650	72	15	0.5	140	3480	45	4	7	50
Caribbean Salad	540	210	23	3.5	0	15	340	80	8	66	5
Caribbean Salad <i>w/</i> Grilled Chicken	710	250	27	4.5	0	105	1140	86	8	70	35
Caribbean Salad <i>w/</i> Seared Shrimp	620	240	27	4.5	0	135	1130	82	8	67	17
House Salad <i>w/o</i> Dressing	150	70	7	3	0	15	290	15	2	4	7
House Salad (LC) <i>w/o</i> Dressing	80	35	3.5	1.5	0	5	140	8	1	2	3
Fresco Salad	130	90	10	2.5	0	5	240	7	1	3	3
Fresco Salad (LC)	70	45	5	1	0	0	130	4	1	1	2
Margherita Flatbread Salad <i>w/</i> Chicken	1090	650	73	25	0.5	180	2200	54	7	12	61

Salads As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Margherita Flatbread Salad w/Shrimp	1010	650	72	25	0.5	205	2190	50	7	9	44
Quesadilla Explosion Salad	1470	890	99	30	1	185	2460	83	9	17	64
Santa Fe Chicken Salad w/Crispers	940	620	69	11	0	100	2000	50	10	8	33
Santa Fe Chicken Salad w/Chile-Chicken	630	390	44	7	0	115	1680	28	7	8	37
Salad Dressings 1.5 fl oz = 1 C; 2 fl oz = Entrée	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Ancho Chile Ranch (1.5 fl oz)	170	150	17	3	0	15	350	3	0	2	1
Ancho Chile Ranch (2 fl oz)	220	200	22	4	0	20	470	4	0	2	2
Avocado Ranch (1.5 fl oz)	140	130	14	2.5	0	10	260	3	1	1	1
Avocado Ranch (2 fl oz)	180	170	19	3	0	15	350	4	1	2	1
Bleu Cheese (1.5 fl oz)	270	260	29	5	0	15	280	1	0	1	1
Bleu Cheese (2 fl oz)	360	340	38	7	0.5	20	370	2	0	1	2
Citrus Balsamic Vinaigrette (1.5 fl oz)	250	230	25	3.5	0	0	240	5	0	5	0
Citrus Balsamic Vinaigrette (2 fl oz)	330	300	34	5	0	0	320	7	0	6	0
Honey Lime (1.5 fl oz)	200	150	17	2.5	0	10	220	12	0	11	1
Honey Lime (2 fl oz)	270	200	23	3.5	0	15	290	16	0	14	1
Honey Lime Vinaigrette (1.5 fl oz)	130	110	12	2	0	0	230	6	0	4	0
Honey Lime Vinaigrette (2 fl oz)	180	150	17	2.5	0	0	310	8	0	6	0
Honey Mustard (1.5 fl oz)	200	160	18	2.5	0	20	360	10	0	9	1
Honey Mustard (2 fl oz)	270	210	24	3.5	0	25	480	13	0	12	1
Ranch (1.5 fl oz)	170	160	18	3	0	15	300	2	0	2	1
Ranch (2 fl oz)	230	210	24	4	0	20	400	3	0	2	2
Santa Fe (1.5 fl oz)	200	190	21	3.5	0	15	530	3	0	2	1
Santa Fe (2 fl oz)	270	260	28	4.5	0	20	700	4	1	2	1
Thousand Island (1.5 fl oz)	200	180	20	3	0	20	390	7	0	5	0
Thousand Island (2 fl oz)	270	230	26	4	0	25	520	9	0	6	1
Sides As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus & Garlic Roasted Tomatoes	70	15	1.5	0	0	0	410	12	4	4	4
Black Beans	120	10	1	0	0	0	710	20	6	2	7
Citrus-Chile Rice	130	15	1.5	0	0	0	540	27	0	1	3
Homestyle Fries	390	150	17	3	0	0	1420	53	3	0	5
Loaded Mashed Potatoes	380	210	23	7	0	30	1020	32	4	2	11
Roasted Street Corn	430	250	28	5	0	25	320	38	3	15	7
Seared Shrimp - Full Order	90	30	3	1	0	115	790	2	0	1	13
Seared Shrimp - Half Order	45	15	1.5	0.5	0	60	390	1	0	0	6
Southwestern Mac 'N' Cheese	480	270	30	14	0.5	55	1400	36	1	9	19
Spiced Panko Onion Rings	400	180	19	3	0	0	740	48	3	6	7
Steamed Broccoli	40	5	0	0	0	0	250	8	4	2	3
Sweet Corn on the Cob	220	60	7	1	0	0	360	36	3	14	5
Crispy Crispers w/o Sauce	470	260	29	5	0	75	1230	25	3	1	27
Crispy Honey Chipotle Crispers w/o Sauce	570	260	29	5	0	75	1630	51	3	20	27

Smokehouse Combos w/o Sides Choose any 2 or 3											
	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Original Crispers w/o Sauce	310	140	15	3	0	85	1020	13	3	1	30
Add Side BBQ Sauce	70	0	0	0	0	0	590	16	0	14	1
Add Side Honey Mustard	200	160	18	2.5	0	20	360	10	0	9	1
Add Side House BBQ	70	10	1	0	0	0	750	15	1	13	1
Add Side Ranch	170	160	18	3	0	15	300	2	0	2	1
Jalapeno-Cheddar Smoked Sausage	380	280	31	13	1	95	1340	4	1	0	21
Ribs Honey-Chipotle BBQ - Half Rack	480	250	28	11	0	155	590	19	2	13	37
Ribs House BBQ - Half Rack	480	260	29	11	0	155	1070	16	2	13	38
Ribs Original BBQ - Half Rack	470	250	28	11	0	155	910	17	2	14	38
Ribs Texas Dry Rub - Half Rack	580	330	36	13	0	155	2660	23	3	18	39
Smoked Bone-In BBQ Chicken Breast	360	110	12	3	0	160	1870	20	1	18	43
Smokehouse Combos Include											
	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chile-Garlic Toast	140	60	7	1.5	0	0	320	17	1	1	3
Garlic Dill Pickles	5	0	0	0	0	0	170	1	0	0	0
Homestyle Fries	390	150	17	3	0	0	1420	53	3	0	5
Roasted Street Corn	430	250	28	5	0	25	320	38	3	15	7
Soups & Chili As Served											
	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken Enchilada - Bowl	440	260	28	10	0	75	1660	25	3	3	22
Chicken Enchilada - Cup	220	130	14	5	0	35	830	13	1	2	11
Clam Chowder - Bowl	370	240	26	14	0	100	780	23	1	6	12
Clam Chowder - Cup	190	120	13	7	0	50	390	12	1	3	6
Loaded Baked Potato - Bowl	520	320	36	22	1	115	1880	26	2	4	19
Loaded Baked Potato - Cup	260	160	18	11	0	60	940	13	1	2	10
Southwest Chicken - Bowl	230	90	10	2	0	20	1320	25	2	3	9
Southwest Chicken - Cup	110	45	5	1	0	10	660	13	1	1	4
Terlingua Chili - Bowl	460	280	31	15	1.5	95	1300	16	2	5	28
Terlingua Chili - Cup	230	140	16	7	0.5	50	650	8	1	3	14
Steaks As Served											
	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Ribeye	1050	580	64	24	2.5	210	2720	40	8	3	81
Classic Sirloin 10 oz	820	380	43	14	1	170	2230	42	8	4	68
Classic Sirloin 6 oz	680	330	37	11	1	115	1910	41	8	3	48
Country-Fried Steak	1290	600	67	14	1.5	75	3060	121	11	19	52
Honey-Chipotle Shrimp & Sirloin 10 oz	930	360	41	12	1	255	2620	60	9	16	85
Honey-Chipotle Shrimp & Sirloin 6 oz	790	320	36	10	0.5	185	2570	60	9	16	60
Sweet Stuff As Served											
	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cheesecake	730	380	43	23	1.5	210	430	76	2	63	11
Mini Molten Chocolate Cake	590	250	28	14	0	60	340	80	1	57	6
Molten Chocolate Cake	1150	560	62	30	0.5	125	590	142	2	102	11
Molten Oreo Topped	1080	530	59	24	0.5	110	780	131	2	89	11
Skillet Chocolate Chip Cookie	1420	640	71	38	0.5	110	900	189	6	115	14
Triple Berry Crumble Cake	1050	420	47	18	0	95	650	149	8	99	11

Top Shelf Tacos w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Pork Carnitas Tacos (3 each)	990	510	57	20	0	200	2090	49	4	6	70
Pork Carnitas Taco (1 each)	330	170	19	7	0	65	700	16	1	2	23
Prime Rib Tacos (3 each)	770	400	44	15	0.5	105	1670	48	5	3	44
Prime Rib Taco (1 each)	260	130	15	5	0	35	560	16	2	1	15
Ranchero Chicken Tacos (3 each)	820	380	43	15	0	175	3000	54	6	6	57
Ranchero Chicken Taco (1 each)	270	130	14	5	0	60	1000	18	2	2	19
Spicy Shrimp Tacos (3 each)	820	440	49	14	0.5	205	2760	66	6	18	31
Spicy Shrimp Taco (1 each)	270	150	16	4.5	0	70	920	22	2	6	10
Extras	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
Burger Bun	250	70	8	2	0	0	380	39	1	7	6
Cheese, American	70	50	6	3.5	0	15	340	1	0	0	4
Cheese, Cheddar	80	60	7	4.5	0	20	130	0	0	0	5
Cheese, Provolone	80	50	6	4	0	15	200	0	0	0	6
Fresh Guacamole - Large Side	250	200	23	3.5	0	0	630	15	11	2	3
Fresh Guacamole - Small Side	130	100	11	1.5	0	0	320	7	5	1	2
Gravy, Black Pepper 1.5 oz	25	10	1	0	0	0	240	3	0	0	1
Honey Chipotle Sauce 1.5 oz	100	0	0	0	0	0	410	26	0	19	0
BBQ Sauce Original 1.5 oz	70	0	0	0	0	0	590	16	0	14	1
BBQ Sauce House 1.5 oz	70	10	1	0	0	0	750	15	1	13	1
Rice & Black Beans (Cadi)	250	20	2.5	0	0	0	1260	47	6	2	9
Pickles	5	0	0	0	0	0	170	1	0	0	0
Salsa 1.5 oz	10	0	0	0	0	0	420	3	1	1	0
Sour Cream	60	60	6	3.5	0	20	70	2	0	1	1
Wing Sauce 1.5 oz	35	25	3	0	0	0	1320	2	1	1	0
PARTY PLATTER (PP) PORTIONS											Party
platters serve approximately 6-8 & sides serve 4-6											
PP Beverages By the Gallon	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Iced Tea	40	0	0	0	0	0	115	11	0	0	0
Iced Tea - Blackberry	820	0	0	0	0	0	105	202	0	188	0
Iced Tea - Mango	840	0	0	0	0	0	105	209	0	192	0
Lemonade	1570	0	0	0	0	0	520	439	0	418	0
Lemonade - Strawberry	2290	0	0	0	0	0	460	617	19	580	2
PP Aptizers	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth Bites (20 ct)	7180	4170	463	144	14	1015	15900	463	17	95	325
Southwestern Eggrolls (25 ct)	6960	3330	370	90	2	445	18820	683	70	72	231
Tostada Chips with Salsa	5380	2430	270	44	0	0	9290	666	47	22	74
Add Loaded White Queso	720	490	54	25	0.5	135	2180	20	5	9	38
Add White Spinach Queso	600	430	48	23	0	105	1710	17	4	7	27
Add Skillet Queso	690	470	52	28	2	135	2340	24	2	11	32
Add Fresh Guacamole	250	200	23	3.5	0	0	630	15	11	2	3
Bone-In Wings - Honey Chipotle (16 ct)	1530	610	67	17	0.5	555	3640	112	2	77	121

PP Appetizers - Wings											
Choose 3 Flavors; Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings - Buffalo (16 ct)	1170	650	72	18	1	555	4650	9	2	3	121
Boneless Wings - Honey Chipotle (18 ct)	1590	600	67	11	0	175	4060	170	7	58	79
Boneless Wings - Buffalo (18 ct)	1370	670	75	13	0	175	6800	96	8	3	79
PP Appetizers - Crispers											
Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Original Crispers (32 ct)	3300	1470	163	30	0	915	10900	134	28	10	324
Crispy Style Crispers (32 ct)	5000	2800	312	54	0	825	13050	263	30	7	286
Honey-Chipotle Crispers (32 ct)	6120	2820	313	54	0	825	17390	545	32	208	287
PP Appetizers - Triple Dipper											
Choose 3; Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth Bites (6 ct)	1880	1000	111	39	3.5	280	4290	136	5	26	95
TD™ Bone-In Wings - Buffalo (16 ct)	1170	650	72	18	1	555	4650	9	2	3	121
TD™ Bone-In Wings - Fiery Pepper (16 ct)	1580	620	69	18	0.5	555	6220	117	5	94	125
TD™ Bone-In Wings - Honey Chipotle (16 ct)	1530	610	67	17	0.5	555	3640	112	2	77	121
TD™ Boneless Wings - Buffalo (18 ct)	1370	670	75	13	0	175	6800	96	8	3	79
TD™ Boneless Wings - Fiery Pepper (18 ct)	1620	610	68	12	0	175	6000	174	9	70	82
TD™ Boneless Wings - Honey Chipotle (18 ct)	1590	600	67	11	0	175	4060	170	7	58	79
TD™ Crispy Style Crispers (16 ct)	2510	1410	156	27	0	415	6540	132	15	3	143
TD™ Honey-Chipotle Crispers (16 ct)	3060	1410	156	27	0	410	8690	273	16	104	144
TD™ Original Crispers (16 ct)	1650	740	82	15	0	455	5450	67	14	5	162
TD™ Southwestern Eggrolls (6 ct)	1320	480	53	16	0	80	3850	157	14	14	53
PP Appetizers - Dipping Sauces											
	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce 8 fl oz	350	10	1	0	0	0	3130	83	1	72	4
BBQ Sauce House 8 fl oz	390	50	5	1	0	0	4000	80	5	71	5
Bleu Cheese 8 fl oz	1420	1370	152	27	2.5	75	1500	6	1	5	6
Honey Mustard 8 fl oz	1080	860	95	14	1.5	95	1910	52	0	48	4
Ranch Dressing 8 fl oz	920	850	94	16	1.5	85	1610	11	0	9	6
PP Party Favorites - Boneless Wings											
Choose 2 or 3 Flavors; Listed	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings - Buffalo (11 ct)	790	390	43	7	0	105	3410	55	4	1	47
Boneless Wings - Fiery Pepper (11 ct)	980	360	40	7	0	105	3760	108	5	46	48
Boneless Wings - Honey Chipotle (11 ct)	960	350	39	7	0	105	2470	106	4	38	46
PP Party Favorites - Bone-In Wings											
Choose 2 or 3 Flavors; Listed	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings - Buffalo (8 ct)	620	350	39	10	0	275	3620	6	1	2	61
Bone-In Wings - Fiery Pepper (8 ct)	780	310	34	9	0	275	3090	58	2	47	62
Bone-In Wings - Honey Chipotle (8 ct)	760	300	34	9	0	275	1800	55	1	38	60
Bone-In Wings - Smoked (8 ct)	490	270	30	9	0	290	1410	0	0	0	54
PP Party Favorites - Crispers											
Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Crispy Buffalo Bleu (10 ct)	1800	1070	119	23	0.5	285	6340	87	11	4	95
Crispy Buffalo Bleu (15 ct)	2700	1610	178	35	1	425	9510	130	16	7	143
Crispy Fiery Pepper (10 ct)	2040	900	100	17	0	260	8300	194	14	95	94
Crispy Fiery Pepper (15 ct)	3060	1340	149	26	0	385	12450	291	20	142	141
Crispy Style Crispers (10 ct)	1570	880	98	17	0	260	4090	82	9	2	90
Crispy Style Crispers (15 ct)	2350	1320	146	25	0	385	6130	123	14	3	134

PP Party Favorites - Crispers Listed w/o Dipping Sauce		Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Honey-Chipotle Crispers (10 ct)		1980	880	98	17	0	260	5710	188	10	78	90
Honey-Chipotle Crispers (15 ct)		2980	1320	147	25	0	385	8570	282	15	117	135
Original Crispers (10 ct)		1030	460	51	9	0	285	3410	42	9	3	101
Original Crispers (15 ct)		1550	690	77	14	0	430	5110	63	13	5	152
PP Party Favorites - Dipping Sauces		Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce 4 fl oz		170	5	0.5	0	0	0	1570	42	1	36	2
BBQ Sauce House 4 fl oz		190	25	2.5	0	0	0	2000	40	2	36	2
Bleu Cheese 4 fl oz		710	680	76	13	1	40	750	3	1	2	3
Honey Mustard 4 fl oz		540	430	48	7	0.5	45	960	26	0	24	2
Ranch Dressing 4 fl oz		460	420	47	8	0.5	45	810	5	0	4	3
PP Salads & Sandwiches		Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Quesadilla Explosion Salad		5490	3350	373	113	3.5	725	9550	295	34	72	251
Santa Fe Grilled Chicken Salad		2920	1860	207	34	2	465	7290	133	36	34	151
House Salad w/o Dressing		1140	530	59	25	0	120	2290	109	15	27	51
Ancho Chile Ranch		890	810	89	15	1.5	80	1880	16	1	10	6
Avocado Ranch		740	670	74	12	1	60	1390	15	6	7	6
Bleu Cheese		1420	1370	152	27	2.5	75	1500	6	1	5	6
Citrus Balsamic Vinaigrette		1330	1210	134	20	2	0	1280	29	0	24	1
Honey Lime		1080	810	90	13	1.5	65	1160	62	1	56	3
Honey Lime Vinaigrette		710	600	66	10	1	0	1240	32	1	22	1
Honey Mustard		1080	860	95	14	1.5	95	1910	52	0	48	4
Ranch		920	850	94	16	1.5	85	1610	11	0	9	6
Santa Fe		1090	1020	114	17	1.5	80	2800	15	2	10	3
Thousand Island		1090	940	104	16	1.5	105	2100	36	1	24	2
Classic Turkey Sandwich (10 halves)		5130	2850	317	80	7	495	9930	389	21	59	202
CATurkey Club Sandwich (10 halves)		7160	4610	512	114	8	680	12260	427	40	72	241
Combination Sandwich Platter (10 halves)		6140	3730	415	97	8	585	11090	408	31	65	222
PP Fajitas - Mix & Match		Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions		960	600	66	13	1	0	3410	88	14	36	12
Choose 2 or 3 Proteins		Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Carnitas (1 choice)		960	450	50	17	0	375	2490	8	0	8	120
Grilled Chicken (1 choice)		630	140	16	4	0	360	2670	4	0	1	121
Grilled Steak (1 choice)		940	540	60	24	3	280	2300	8	0	4	92
Prime Rib (1 choice)		1600	950	106	29	4.5	410	5870	7	0	0	157
Seared Shrimp (1 choice)		350	120	13	4	0	470	3160	8	0	4	51
Includes Choice of Tortillas & Toppings		Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings		1880	1430	159	82	0	395	5690	64	22	24	73
Flour Tortillas (24 each)		1850	550	62	29	0	0	4510	275	12	7	44
All-Natural Corn Tortillas (24 each)		1080	110	13	2	0	0	110	221	24	2	22
Add Black Beans		730	50	6	0	0	5	4130	120	34	9	39
Add Citrus-Chile Rice		920	100	11	2	0	0	3810	187	3	5	18
Add White Queso & Pico de Gallo		710	490	54	23	0.5	115	2900	29	2	16	25
PP Burritos		Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Smoked Chicken (14 halves)		5770	1850	205	95	0.5	1195	18650	594	29	50	386

PP Enchiladas (Choose 2) w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Beef (1 pan)	2740	1420	158	60	2.5	375	7370	182	31	25	147
Cheese (1 pan)	3050	1940	216	101	0.5	455	6950	153	15	18	119
Chicken with Sour Cream Sauce (1 pan)	2720	1360	152	65	3	630	8870	181	19	32	161
PP Baby Back Ribs	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Honey Chipotle BBQ	4380	2030	225	90	0	1230	6920	295	13	202	300
House BBQ	4230	2140	237	92	0	1230	12570	211	23	178	312
Original BBQ	4130	2040	227	90	0	1230	10410	220	14	181	308
Texas Dry Rub	4410	2600	288	100	1	1230	19320	147	22	111	310
PP Make it a Combo Choose 2 Entrees & 2 Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
6 oz Classic Sirloin	1020	470	52	18	2	335	2570	4	0	0	135
Ancho Salmon	1670	900	100	18	1	405	4430	26	3	9	169
Baby Back Ribs - House BBQ	1920	1040	116	46	0	615	4290	66	9	53	153
Baby Back Ribs - Original BBQ	1890	1010	113	45	0	615	3640	69	6	54	152
Baby Back Ribs - Texas Dry Rub	2300	1310	146	50	0.5	615	10660	94	12	73	156
Margarita Grilled Chicken	730	150	16	4	0	360	3480	30	1	19	122
Seared Shrimp	350	120	13	4	0	470	3160	8	0	4	51
PP Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus & Garlic Roasted Tomatoes	210	40	4	0	0	0	1230	35	12	11	13
Black Beans	730	50	6	0	0	5	4130	120	34	9	39
Cadillac Style (Rice & Black Beans)	1650	150	16	2	0	5	7940	307	37	14	57
Citrus-Chile Rice	920	100	11	2	0	0	3810	187	3	5	18
Loaded Mashed Potatoes	1800	1010	112	34	1	150	4720	143	20	7	56
Southwestern Mac 'N' Cheese	1710	940	105	49	2	195	4930	128	5	31	67
Steamed Broccoli	250	25	3	0.5	0	0	2460	50	23	9	16
Sweet Corn on the Cob	1310	350	40	6	1	0	2180	218	19	85	29
PP Pasta	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta with Grilled Chicken	5070	2050	228	91	4.5	655	14570	482	33	23	276
Cajun Pasta with Seared Shrimp	4750	2020	224	91	4.5	765	14110	480	32	25	205
PP Sweet Stuff	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chocolate Chip Cookie	6530	2790	309	162	2.5	375	4430	919	31	574	61
Dessert Combo (Chocolate Chip Cookies & Mini Moltsens)	6170	2470	275	136	3	440	4370	901	21	581	57
Dessert Trio (Cheesecake, Chocolate Chip Cookies & Mini Moltsens)	6180	2610	290	144	5	760	3840	856	25	614	67

Cals...Calories	Chol...Cholesterol	(g)...grams
Fat Cals...Calories from Fat	Sod...Sodium	(mg)...milligrams
Sat...Saturated Fat	Carbs...Carbohydrates	
Trans...Trans Fat	Prot...Protein	

The nutritional analysis is comprised of data from an independent testing facility commissioned by Chili's, combined with nutrient data from Chili's suppliers, the United States Department of Agriculture and nutrient database analysis of Chili's recipes using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of figures is based on Food and Drug Administration guidelines. Chili's attempts to provide nutritional information regarding its products that is as complete as possible. Some menu items may not be at all restaurants; test products, test recipes, limited time offers, or regional items may not be included. While menu item ingredients information is based on standard product recipes, variations may occur due to ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. Additionally, no products are certified as vegetarian. This listing is updated periodically in an attempt to reflect the current status of Chili's products.